

# Cholesterol – The Silent Killer

Become a supporter member and help us prevent premature and avoidable deaths



*cholesterol doesn't discriminate*



*Rianna died from inherited high cholesterol, aged 11*



Rianna was born with inherited high cholesterol. Her levels were so high she died at a very early age, with treatment she would still be alive today.

## Cholesterol doesn't discriminate!

### Did you know?

- High cholesterol is influenced by how you live your life, but you can also inherit it.
- Heart disease will kill more people than any other disease - cholesterol is the biggest risk factor.
- Two thirds of adults in the UK have high cholesterol.
- People die unexpectedly and unnecessarily from high cholesterol, there are often no warning signs.
- Cholesterol doesn't discriminate by age - 1 in 500 people are born with high cholesterol.
- More than 100,000 people are yet to be diagnosed as having inherited high cholesterol – are you one of them?

HEART UK is the only charity dedicated to supporting people with high cholesterol and their families.

By supporting HEART UK, you will help us make a difference. Our expert helpline, leaflets and dietetic advice ensure that people get the best care and the support they need at such a worrying time.

We communicate regularly with our members in a range of ways, including our magazine and e-Newsletter. You will have access to all our services and we encourage you to attend our annual conference and AGM.

We want to continue to make a difference and can only do so with your support. From just £3 per month you can start supporting HEART UK's work. Start today by completing the membership form overleaf and returning it to us – the sooner you do, the sooner we can help more people.

**Our aim is to prevent people dying early, like Rianna.**

HEART UK – The Cholesterol Charity

T 01628 777046 E [info@heartuk.org.uk](mailto:info@heartuk.org.uk) 7 North Road, Maidenhead, Berkshire, SL6 1PE

[www.heartuk.org.uk](http://www.heartuk.org.uk)

# Supporters membership application form



Tel: 01628 777 046 · Membership queries Email: sh@heartuk.org.uk · Web: www.heartuk.org.uk · HEART UK, 7 North Road, Maidenhead, Berkshire SL6 1PE

HEART UK is the only charity dedicated to supporting people with high cholesterol and their families.

From just £3 per month you can start supporting HEART UK's work and help us prevent further premature and avoidable deaths.

## YOUR DETAILS

Title ..... Forename ..... Date of birth .....  
 Surname ..... Telephone .....  
 Address ..... Mobile .....  
 Postcode ..... Email .....

HEART UK will keep your information securely in accordance with our internal security policy. We will only use this information to inform you of HEART UK related material and will not pass your information on to third parties.

## KEEP UPDATED

Please tick relevant box

- Email only** including our eNewsletter, helping us to save money
- Post only**
- Post and email** including our eNewsletter

## MAKING A DONATION

Please tick relevant box

- I wish to make a one off donation\* of £.....** and will pay by  **Cheque** (I enclose a cheque made payable to HEART UK)
- \*Don't forget to complete the Gift Aid Scheme  **Credit card** (Please complete the section in "Levels of support and payment" below)

## GIFT AID SCHEME - Please do not forget to complete this section

Please tick relevant box

Are you a UK taxpayer? If so, every £1 you give could be worth £1.25 to HEART UK, helping to fund vital work – at no cost to you.

- YES** I am a UK taxpayer. I would like the tax to be reclaimed on any eligible donations or membership subscriptions that I have ever made or will make to HEART UK until further notice. I confirm that I pay an amount of UK income or capital gains tax at least equal to the tax that HEART UK will reclaim.

Signature ..... Date   -   -

- NO** I do not pay income/capital gains tax.

For more information please contact Sally Hall, PA to the Chief Executive, on 01628 777 046.

## LEVELS OF SUPPORT AND PAYMENT

Please choose the level of support you wish to give HEART UK from our suggested monthly amounts of **£3, £5, £10, £15** OR enter **your own specific monthly amount**.

HEART UK CAF Ref No: **FS1304**

### Name(s) and address of account(s) holders

Mr/Mrs/Miss/Ms ..... Forename(s) ..... Surname .....  
 Address .....  
 Postcode .....

### Please complete your preferred payment method

#### (A) I WISH TO MAKE A REGULAR MONTHLY DONATION OF £.....

Commencing   -   -

Please complete mandate opposite

#### (B) I ALSO WISH TO MAKE A SINGLE DONATION

##### BY CREDIT / DEBIT CARD

I authorise you to debit my account with the amount £.....

Card type  Mastercard  Visa  Delta  Delta  Switch  Maestro

Cardholder's name .....

Card number

Start date   -

Expiry date   -

Switch card issue number

Security number

Signature .....

Date   -

**OFFICE USE ONLY**  Payment received  Acknowledgement sent  Added to database

## Instruction to your bank or building society to pay Direct Debit



Please complete this mandate and return to:

**HEART UK**  
**7 North Road**  
**Maidenhead**  
**Berkshire SL6 1PE**

Service User Number

CAF Ref No: **FS1304**

CAF, Kings Hill,  
 West Malling,  
 Kent, ME19 4TA

### Name(s) and address of account holders

Mr/Mrs/Miss/Ms .....

Address .....

Postcode .....

### Bank/ Building Society account number

### Branch sort code

-    -

### Name and full postal address of your Bank/Building Society

To: The Manager

Address .....

Postcode .....

### Instruction to your Bank or Building Society

Please pay CAF Re HEART UK Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with CAF Re HEART UK and if so, details will be passed electronically to my Bank/Building Society.

Signature(s) .....

Date   -

### Banks and Building Societies may not accept Direct Debit instructions for some types of account

This guarantee should be detached and retained by the Payer

### The Direct Debit Guarantee



- This guarantee is offered by all Banks and Building Societies that accept instructions to pay Direct Debits.
- If there are any changes to the amount, date or frequency of your Direct Debit, CAF Re HEART UK will notify you ten working days in advance of your account being debited or as otherwise agreed. If you request CAF Re HEART UK to collect a payment, confirmation of the amount and date will be given to you at the time of the request.
- If an error is made in the payment of your Direct Debit, by CAF Re HEART UK or your Bank or Building Society, you are entitled to a full and immediate refund of the amount paid from your bank or building society - If you receive a refund you are not entitled to, you must pay it back when CAF Re HEART UK asks you to.
- You can cancel a Direct Debit at any time by writing to your Bank or Building Society. Written confirmation maybe required. Please also send a copy of your letter to us.